

Roadmap for Hospice NEW Survey Process

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Why the 2023 Survey revisions?

https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap m hospice.pdf

Revisions to Appendix M of the State Operations Manual (SOM)

- OIG reports in 2019 attacked the hospice industry, reporting:
 - Plan of care
 - Aide services
 - · Not providing levels of care needed
- Other survey tools released in 2021- including CMPs, mandated assigned administration, education and the Special Focus Group
- CMS had to respond with updates to training, SOM, guidance to AOs



Revised Appendix M of SOM

- Effective immediately
- All changes are in red and italics
- Part I Survey Protocol:
 - Completely in red italics
 - -- Provides specifics regarding observation, interview and record review
 - Only Task 7 Post-Survey Activities remains unchanged

Home Visit Observations

Verify that the care provided during observation is consistent with the plan of care. Examples

- Observing treatments to confirm if the care is provided according to the current plan of care;
 Determining the patient's understanding of the purpose of the hospice services, and if they had input into setting the goals or objectives that were established for their care;
 Determining if written instructions were provided to the patient or caregiver;
 If education was conducted, did the hospice staff provide education and training to the patient and any caregivers, when appropriate, and according to the plan of care?

 • Whether a pain assessment is included in the plan of care and is completed as indicated,
- If equipment, supplies, and assistive devices were indicated in the plan of care, determining if
 the patient received the items timely; and Investigating medication discrepancies in the comprehensive assessment, the plan of care, and the written information to the patient.

Patient/Caregiver Interview

Consider the following interview questions:

- What are the purposes of the hospice services you are receiving?
- What is your experience with contacting the hospice team during evenings, weekends, or holidays with questions or concerns?
- How often do you get the help you need from the hospice team during evenings, weekends, or holidays?
- Do you receive the care and support that you need to manage your illness?
- When you call with an urgent need, how long does it take for someone from the hospice
- How does the hospice team keep you informed about when they will arrive to care for

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What's Changed: the process, not the rules

Previous structure	New structure	
Task 1—Pre-Survey Preparation.	Task 1—Pre-Survey Preparation.	
Task 2—Entrance Interview.	Task 2—Entrance Conference.	
Task 3—Information Gathering.	Task 3—Sample Selection.	
Task 4—Information Analysis.	Task 4—Information Gathering. • Phase I. • Phase II.	
Task 5—Exit Conference.	Task 5—Information Analysis.	
Task 6—Formation of the Statement	Task 6—Exit Conference.	
of Deficiencies.	Task 7—Formation of the Statement of Deficiencies.	

Task 1: Pre-survey preparation

Surveyor homework before their visit to your agency!

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The survey team

- Surveyors must:
 - Must complete Hospice Surveyor Training Course
 - Include at least one RN with hospice survey experience
 - A team of more than one surveyor must be multidisciplinary, representing other professionals typically on a hospice interdisciplinary team
 - No surveyor may have conflict of interest with the hospice being surveyed



Pre-survey preparation: Homework!

- Most recent certification and surveys
 - Complaint investigations
- Change of ownership or additional multiple locations, documents or information
- Media reports about the hospice
- Other publicly available information about the hospice
 - Hospice's website
 - •CMS Care Compare Hospice
 - •HIS, HCI, CAHPS
 - •Information from the Quality, Safety and Oversight Reports (QCOR)



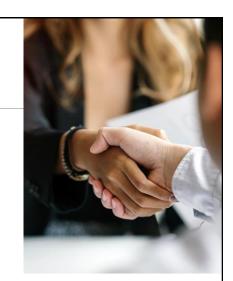
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Task 2: Entrance Conference



Task 2: Entrance Conference

- Inform administrator or designee of the survey's purpose
- Explain the survey process and the estimated duration
- Request patient and agency information
- Request a private space to work and access to an assigned staff person from the hospice to assist with questions and requests for information
- Separate additional instructions for hospices providing inpatient care directly



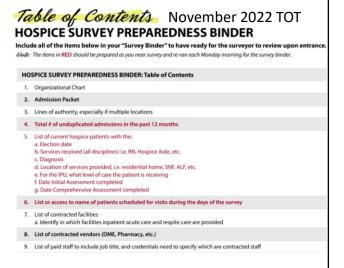
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Entrance Conference Report Requests!

- Information gathering continues here
- · Request the following patient information for all payer sources, parent, and all multiple locations:
 - The number of unduplicated admissions for the entire hospice during the last 12 months
 - A complete list of current patients, including, at a minimum, the following information for each patient:
 - Name
 - · Date of hospice benefit election
 - Terminal diagnosis
 - Location of care —home, including assisted living facility (ALF), SNF/NF, or ICF/IID, or inpatient facility on a short-term basis
 - Current level of care (routine or continuous home care, general inpatient care, or respite)

More Reports

- Request the schedule of home visits scheduled during the survey for all locations, including parent and the multiple locations:
 - Lists of patients who, in the last 12 months;
 - Revoked the hospice benefit (live discharges)
 - Died while receiving hospice care (and provide access to bereavement records for those patients)



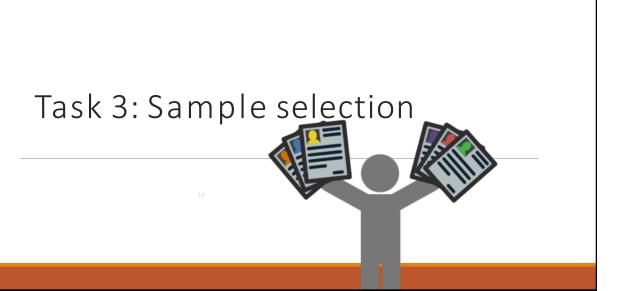
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Other Documents Requested

- · Organizational chart
- Complaint log
- · Contracts/agreements as applicable
- · Long-term care facilities agreements
- CLIA Certificate of Waiver
- Emergency Preparedness Plan
- · Admission information patients receive
- Policies and training documentation on preventing abuse, neglect, and patient harm
- QAPI program activities and performance improvement projects including infection control
- Documentation of hospice aide training and/or competency evaluations and in-service training

Task 2: Policies and Procedures

- Policies and procedures related to:
 - Advanced directives
 - Plan of Care
 - IDG coordination of services
 - Infection Control
 - Training
 - Clinical records
 - Management and disposal of controlled drugs
 - Use and maintenance of equipment and supplies
 - Pain and symptom management
 - Emergency preparedness



By the Numbers

Sample Size Minimums

Number of Admissions (Past 12 Months)	Closed Records (live discharges)	Closed Records (Bereavement Records)	Record Review-No Home Visit (RR-NHV)	Record Review with Home Visit (RR-HV)	Total Minimum Sample	Inclusion of Records from Multiple- Location(s)
< 150	2	2	7	3	14	The number of records from each multiple location should be proportionate to the size of the location relative to other locations. At least one RR-NHV or RR-HV from each multiple location along with the parent should be included in the minimum sample required.
150-750	2	3	10	4	19	
751-1250	2	3	12	6	23	
1251 or more	3	4	14	6	27	

Example. For hospices with < 150 admissions, if there are three locations and 50% of patients are from location A, 25% from location B, then, from the total minimum number of 14 records, 7 records should come from location A, 3-4 records from location B and 3-4 records from location C. If there is a large number of multiple locations, the surveyor should distribute the total minimum sample across the locations as most feasible.

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Getting a variety in the sample

Include a variety of terminal diagnoses in the sample to assess the care and services provided to patients with a variety of diagnoses, including but not limited to:

- Dementia
- Circulatory/Heart
- Cancer
- Respiratory
- Stroke
- Chronic Kidney Disease

Use the following criteria for the active patient sample selection for both record review only as well as home visits to include patients who receive clinically complex services or treatments:

- · Infusion therapies including infusion pumps delivering patient controlled analgesia;
- Wound and ulcer care, including negative pressure wound therapy;
- Dementia care;
- Complex pain and symptom management unique to hospice patients, such as intractable nausea, pain, anxiety/agitation;

More sample variety

• Patient sample guidance added, including instructions for and clarity on:

How to select samples:

- Multiple setting types and multiple locations, providing multiple levels of care
- Documents and information surveyors will use to select a sample
- Substituting patient records for home visits if the required number of home visits cannot be performed
- Selecting patients for the sample using both open and closed records
- Reviewing bereavement and live discharge records as part of closed record review

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Task 4: Information Gathering



Task 4 – Information gathering phases

- Now divided into two phases to build discovery
 - (NOTE) all hospice surveys still include all COPs and standards equally
- Protocol phases are sequential
 - "Surveyors should initially gather information for Phase I CoPs that entail the predominant level of effort/priority, before CoPs where administrative elements are considered in the Phase 2 CoPs."
 - "Phase 1 findings regarding direct care services can inform Phase 2 in terms of pointing to potentially systemic issues/deficiencies."

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First step...

Phase 1: 3 core COPs and six associated to most closely assess quality of care using home visits, observations, interviews and record review

- •§418.52 Condition of participation: Patient's rights
- §418.54 Condition of participation: Initial and comprehensive assessment of the patient
- §418.56 Condition of participation: Interdisciplinary group, care planning, and coordination of services



Next step...

- Phase 2: 418.58 QAPI + 13 associated COPs
- Measures overall hospice quality and performance improvement capabilities
- Assessed by review of hospice documentation, interviews (not home visits)

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Information gathering strategy

- Both phases focuses on standard approach, including:
 - -Observation
 - -Interview
 - -Record review
- Additional guidance also added to Task 4:
 - -Prioritization of information gathering
 - -Examining the hospice's bereavement counseling and services program
 - -Separate survey instructions for in-patient hospice settings

Phase One...

SURVEY PROTOCOL PHASE I CORE REQUIREMENTS COPS

- §418.52 Condition of participation: Patient's rights
- §418.54 Condition of participation: Initial and comprehensive assessment of the patient
- §418.56 Condition of participation: Interdisciplinary group, care planning, and coordination of services

SURVEY PROTOCOL PHASE I ASSOCIATED QUALITY OF CARE COPS

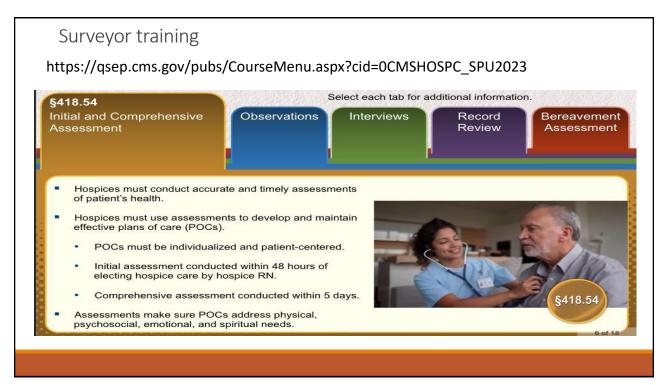
- §418.60 Condition of participation: Infection control
- §418.76 Condition of participation: Hospice aide and homemaker services
- §418.102 Condition of participation: Medical director
- §418.108 Condition of participation: Short-term inpatient care
- §418.110 Condition of participation: Hospices that provide inpatient care directly
- §418.112 Condition of participation: Hospices that provide hospice care to residents of a SNF/NF or ICF/IID

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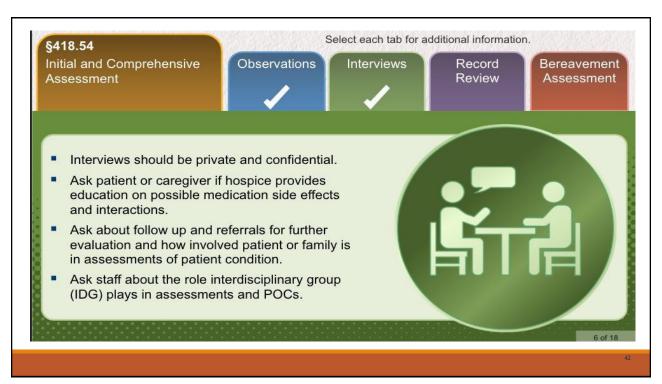
Information gathering: Phase I

- Emphasis for gathering information for each CoP through:
 - Observation (at patient homes)
 - Ocare and staff-to-patient interactions
 - Interview
 - Hospice staff providing direct patient care
 - Hospice interdisciplinary group members
 - Patient interview
 - •Record review
 - •Before a visit to identify events and concerns to investigate and after to corroborate





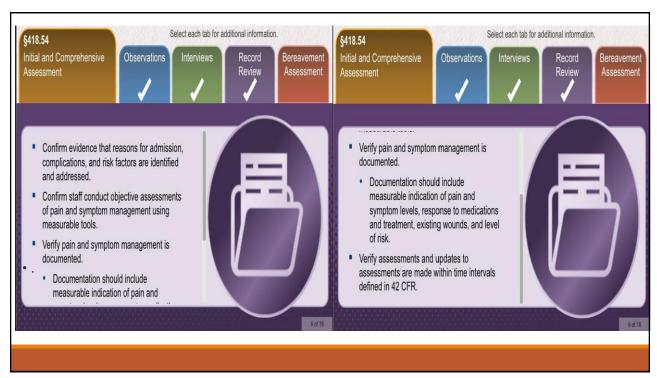


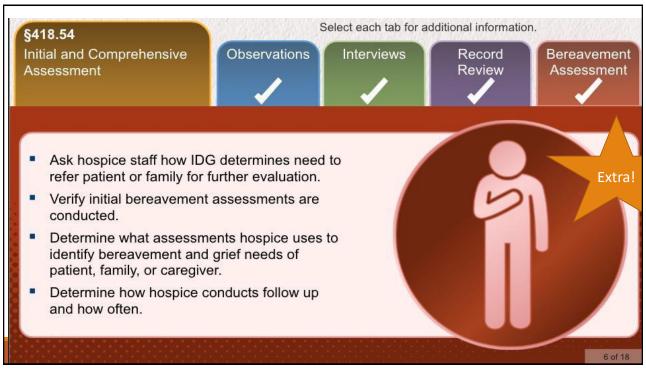


Questions under POC condition

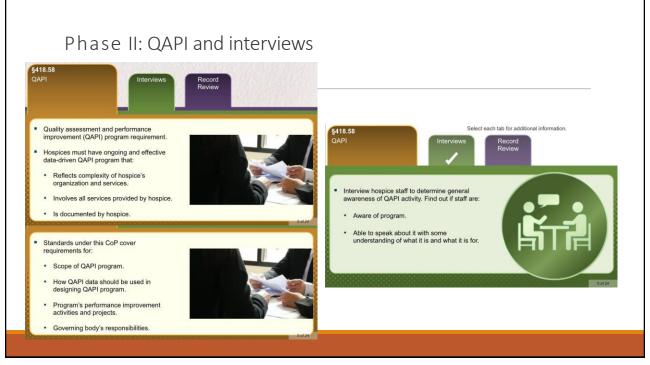
- What are the purposes of the hospice services you are receiving?
- What is your experience with contacting the hospice team during evenings, weekends, or holidays with questions or concerns?
- How often do you get the help you need from the hospice team during evenings, weekends, or holidays?
- Do you receive the care and support that you need to manage your illness?
- When you call with an urgent need, how long does it take for someone from the hospice team to respond?
- How does the hospice team keep you informed about when they will arrive to care for you?
- When there is an unexpected delay or re-scheduling of a visit, how does the hospice notify you? How often do either of these situations occur?
- Are you aware of the IDG?

NOTE: See ties to HCI and HCAHPS?

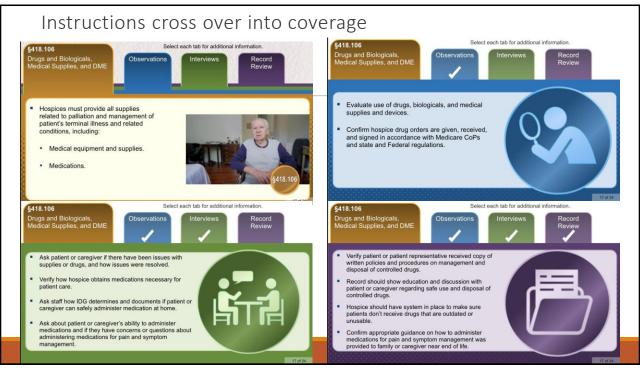




Additional tools and resources Table 1: Medical Director Responsibilities Compared to all Hospice Physicians, Nurse Practitioners and Physician Assistants · Some great tools are included in Medical Director Only Nurse Practitioner Physician Assistant (PA) Only the new survey task instructions (NP) Only The hospice must designate a physician to serve as medical director. The medical director must be a doctor of medicine or osteopathy who is an employee or is under NPs may function as the "Attending Functioning as the "Attending Physician," PAs may write - For example, the Medical contract with the hospice, (§418,102). When the medical director is not available, a Physician" and may orders that are unrelated to the terminal illness, within the scope physician designated by the hospice assumes the same responsibilities and Director Responsibilities table obligations as the medical director. the scope of their of their state practice act. PAs Supervision of all physician employees. All physician employees and those under contract, must function under the supervision of the hospice medical director. who are hospice employees or providing care under state practice act. As here: a hospice employee, Admission to hospice care. The hospice admits a patient on the recommendation of the medical director in consultation with patient's attending physician (if any). arrangement may not write orders pertaining to the terminal NPs may do face-to-· Clarifies what a medical face examination required for the 3rd (8418,25(a)). illness or the face-to-face director vs.a nurse practitioner assessment for certifying the terminal illness. Discharge from hospice care. Prior to discharging a patient, the hospice must obtain a written physician's discharge order from the hospice medical director. benefit period. vs.a physician assistant can do Medical Director/Physician Designee for the hospice Medical component of patient care program. The medical director or physician designee, in the absence of the medical director, has responsibility for the medical Neither NPs or PAs can function as the physician on the interdisciplinary team or certify terminal illness. component of the hospice's patient care program. Certification and Recertification of Terminal Illness. Medical director or physician designee, in the absence of the medical director, reviews the clinical information for each hospice patient and provides written certification that the patient's life expectancy is 6 months or less if the illness runs its normal course (§418.102(b)). The hospice medical director, physician employees, and contracted physicians, in conjunction with the patient's attending physician, are responsible for the palliation and management of the terminal illness and conditions related to the terminal illness. (\$418.64(a)). If the attending physician is unavailable, the hospice physician, is responsible for meeting the medical needs of the patient







Task 5: Preliminary decision making and analysis of findings



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Condition or standard?

- Task goal to integrate findings, review, and analyze all information collected from observations, interviews, and record reviews, and to determine whether the hospice meets, or is in compliance with the CoPs.
- An assessment of whether a finding is a standard-level, or a condition-level deficiency should not be made until all pertinent information has been collected

Considerations...

- Analyze your findings relative to each requirement to determine:
 - Severity of the effect or potential effect on the patient(s);
 - Frequency of occurrence, and
 - Impact on the delivery of services
- · An isolated incident that has little or no effect on the delivery of patient services may not warrant a deficiency citation
- · Conversely, isolated or not, an incident may be considered deficient if it constitutes a significant or serious problem that adversely affects or has the potential to adversely affect the patient(s)
- · In each case, the surveyor must determine if further investigation is warranted. The finding of a deficiency is based on:
 - The applicable statutory or regulatory provision and not on a violation of a guideline
 - The facts and existing circumstances



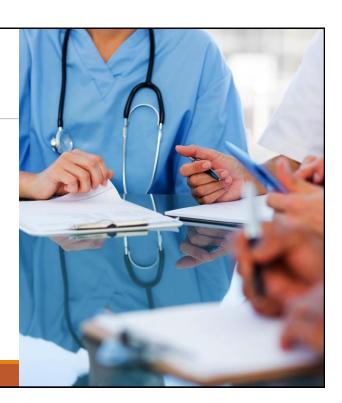
The exit conference is:

- To informally communicate preliminary survey team findings
- Provide an opportunity for the exchange of information with the hospice's adn designee, or other invited staff
- A courtesy to the hospice- not guaranteed
- A way to expedite the hospice's planning a response to and interventions for the

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Next Steps

- Post-survey activities by surveyors:
 - Must prepare documents that report their findings and collaborate with their managers for concurrence on survey outcomes
 - Document the outcomes on the Form CMS-2567
 - Communicate the information to the hospice in a timely manner



Getting to know yourselves...

- Most COPs have expanded interpretive guidelines
 - Study each one carefully
- · Familiarize staff will all Phase I CoPs by:
 - Conducting a pre-IDG information session on one COP each week
 - Learn how the agency would answer each question posed in Appendix M regarding that ${\sf CoP}$
 - Discussing each person's role regarding that CoP

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Top Deficiency Topics

concerns from the OIG and discussion on how to avoid them



1. Failure to appropriately individualize care plans



According to <u>418.56</u> of the Code of Federal Regulations, patients must receive a written plan that specifies the care and services necessary to "meet the patient and family-specific needs identified in the comprehensive assessment as such needs relate to the terminal illness and related conditions."

The OIG report indicates that many hospices failed to appropriately tailor care plans to individual patients. As an example, it notes how a patient with dysphagia — difficulty swallowing — but the patient did not receive care that addressed this unique need.

To avoid this deficiency, your interdisciplinary groups (IDGs) need to be methodical in not only assessing patients but also documenting their distinct needs so that staff have a proper record of the care they should deliver

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2. Failure to provide services listed in a patient's care plan



In some cases, even though a hospice properly individualized the care plan, it didn't deliver all of the services in the plan. For example, the report notes how the care plan of one patient called for weekly nurse visits; however, the hospice didn't provide nurse visits for two weeks in a row.

Avoiding this issue depends on the root cause, as it may be related to protocols or staffing shortages. It isn't always feasible to hire more staff, but your hospice should at least have procedures and associated checklists in place that mitigate planned service disruptions or lapses.

3. Failure to properly train or manage aide staff



Some hospices showcased a lack of care competency among staff members. For example, 75 percent of aides at one hospice didn't have appropriate skills related to "toileting and transfer techniques."

ALSO- Remember these is no more PHE grace for supervisory visits, nor the 12 hours training per year!

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4. Failure to adequately assess patients



The type of care a patient receives directly stems from the patient's assessment. Lack of rigor in assessments can lead to negative patient outcomes. In some example cases, this included a failure to review patients' history of pain and drug profiles for medication effectiveness.

Patient care should be a top priority for everyone, especially for the physicians and IDGs who create care plans. Be sure to provide them with the proper tools (e.g., standardized assessments) to capture objective data that can drive the plan of care, as well as help ensure we are meeting our goals with the interventions provided. .

5. Failure to update assessments in a timely manner



Patient assessments aren't a one-time occurrence — a hospice must ensure an RN performs a comprehensive assessment at least every 15 days to keep the patient's care plan up to date. At some hospices, patients went several months without receiving an updated comprehensive assessment.

Use a system that keeps track of and reminds the RN when it's time to conduct assessments for each patient so you can avoid human error.

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Special Focus Program

How agencies are gaining extra attention of extra surveys

Special Focus Program (SFP)



After hospice has had such poor press, OIG, etc it was determined CMS needed to set up a program to ensure the poorest performers get the additional oversight to improve or be terminated

A technical expert panel (TEP) weighed in on this process

Published in the 2024 Home Health Proposed Rule

18-month cycle when agency lands in SFP (or longer if CMS deems necessary)

- · Surveys every 6 months
- · Terminate or graduate
- · State agencies
- · Enforcement remedies

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How do I get on (or avoid!) SFP



	Hospice Surveys	Hospice Quality Reporting Program (HQRP)		
Data Source		Claims Data	CAHPS* Hospice Survey Measures	
Indicators	Quality-of-Care Condition-Level Deficiencies	Hospice Care Index (HCI)	Help for Pain and Symptoms	
			Getting Timely Help	
	Substantiated Complaints		Willingness to Recommend this Hospice	
			Overall Rating of this Hospice	

**Condition level deficiencies and/or substantiated complaints in last three years

The 11 Conditions (out of 23)



Tag	Condition of Participation
§418.52	Patient rights
§418.54	Initial and comprehensive assessment of the patient
§418.56	Interdisciplinary group, care planning & coordination of services
§418.58	Quality assessment and performance improvement
§418.60	Infection control
§418.64	Core services
§418.76	Hospice aide and homemaker services
§418.102	Medical director
§418.108	Short-term inpatient care
§418.110	Hospices that provide inpatient care directly
§418.112	Hospice that provide hospice care to residents of a SNF/NF or ICF/IID

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Add it up... Conditions



Quality of life (QOL) condition level deficiencies (CLD) in the previous 3 years

- Hospices surveyed at least once every 36 months
- CLD noncompliance with all or part of a condition of participation
- Post-survey revisit or follow-up survey for CLD

PLUS...

Substantiated complaints

- Total number within the previous 3 years
- SA or BFCC-QIO compliants

Plus- HQRP Claim Measure HCl



- Hospice Care Index (HCI) overall score
- Standardized focus is on how likely the hospice is to receive the score it did if it were an average hospice

NOTE- MOST hospices are an 8, 9 or 10

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And, lastly... CAHPS scores



CAHPS hospice survey index, Single score for each hospice using weighted sum of bottom-box scores

- · Help for pain and symptoms
- · Getting timely help
- · Willingness to recommend
- Overall rating

Timeframes



CMS proposing to begin the SFP in 2024!

Data from the Provider Data Catalog (PDC)

• https://data.cms.gov/provider-data/topics/hospice-care

Data - for CMS review in November 2023- will recommend SFP agencies for 2024

- 2020-2023 survey data
- 2022 HQRP data (HCI from claims, as well as HCAHPS)
- Averaging the total number of data indicators used to derive the score

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The Math...



With HCAHPS:

CLDs over 3 years + Complaints over 3 years - HCI + $2(CAHPS Index) = \frac{Score}{5}$

Without CAHPS:

CLDs over 3 years + Complaints over 3 years - $HCI = \frac{Score}{3}$

Highest scores- top 10 percentile recommended for SFP

Graduation, or...



Graduation criteria

- The hospice must have no CLDs cited or immediate jeopardy citations for any two 6-month SFP surveys, <u>and</u>
- have no pending complaint survey triaged at an immediate jeopardy or condition level.
- OR have returned to substantial compliance with all requirements

Termination criteria

- Fails any two SFP surveys by having any CLDs on the surveys, or
- · Pending complaint investigations triaged at IJ or condition level

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For all to see...



Hospice Special Focus Program Website

- General education for consumer on SFP
- List of hospices in the 10 percent subset
- · List of hospices selected for the SFP

Will also share the SFP status

- Level 1 in progress
- Level 2 completed successfully
- Level 3 terminated from the Medicare program

https://www.cms.gov/medicare/quality-safety-oversight-certificationcompliance/

hospice-special-focus-program

Survey Informal Dispute Resolution (IDR) RS



- Informal opportunity to resolve disputes related to **condition level** survey findings
- Hospice can dispute surveyor's findings or provide additional information
- Based on IDR process for home health agencies
- Will be implemented by both state agency and accrediting organizations
- Instructions would be included with the delivery of the Statement of Deficiencies (CMS-2567)

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What IDR is NOT...



- · Formal hearing
- Available prior to the receipt of the Statement of Deficiencies (CMS-2567)
- Used to refute enforcement remedy/action
- Used to dispute SFP placement

NOTE- goes along perfectly with the updated surveyor trainings, report writing and SOM

Next Steps...

- 1.) Get to know the updates
- 2.) Practice the probe questions
- 3.) Perform a "mock survey"
- 4.) Ask staff to determine how your agency is compliant



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