

2023 Midwest Regional Conference on Palliative & End of Life Care



This educational activity is jointly provided by
AXIS Medical Education and Missouri Hospice &
Palliative Care Association

November 5-7, 2023

SHERATON CROWN
CENTER
KANSAS CITY, MO

AXIS
Medical Education


MISSOURI HOSPICE
& Palliative Care
Association

Letter from MHPCA President, Ketti Dawson

To all attending the *Missouri Hospice & Palliative Care Association 2023 conference* - **WELCOME!** Your support has been amazing these past several years and I am excited for us to be together to gain knowledge in the field of care we love- HOSPICE. This year our Board and Education Committee have developed and organized a conference for all disciplines in hospice and palliative care. This year has been another year of changes and my hope is that our conference will assist in guiding you through this ever-changing industry. I am grateful to serve as your Board President and to advocate to the DHSS and our state representatives for the needs of our members and for end-of-life care issues. I look forward to seeing all of you as we learn and take away valuable tools to improve hospice and palliative care.

Sincerely,
Ketti Dawson
President — MHPCA

About the Conference

The Midwest Regional Conference on Palliative and End of Life Care is sponsored by the Missouri Hospice & Palliative Care Association. The conference is designed to assist health care professionals in understanding the health care issues when treatment changes from curative to palliative care. Palliative care focuses on comfort and quality of life. Palliative care is the foundation of hospice services; however, the principles are applicable to any setting where care is being provided to the terminally ill.

Purpose: The Midwest Regional Conference on Palliative & End of Life Care seeks to provide education for a multidisciplinary group of health care professionals to increase the quality of end of life care.

Target Audience : Physicians and their staff, Hospital Nurses, Social Workers, Discharge Planners, Hospice Nurses, Administrators, Medical Directors, Chaplains, Volunteers, Volunteer Coordinators, Bereavement Coordinators, Nursing Home Administrators and their staff, Ethics Committees, Long-Term Care Nurses, Palliative Care Nurses, and any health care professional in any discipline where hospice and palliative care is needed and provided.

Conference Goals

- Improve standards of practice through education of professionals and others involved in providing end-of-life care;
- Improve access to appropriate end-of-life care through the alignment of individualized needs with available care;
- Stimulate dialogue on ethical issues related to end-of-life care.

Learning Objectives

Learners will be able to:

Apply tools used to identify patients appropriate for end-of-life care;

Use effective pain and symptom management medications and treatments to improve outcomes;

Apply best practices, along with communication tools to improve difficult and painful discussions of end-of-life care concerns; and

Examine current policies and regulations for providers of end-of-life care.

Important Information

Handouts - Each registrant will be provided information on how to download conference handouts prior to the conference. *Anticipated posting date will be September 30, 2023.* Registrants will need to print a copy of the workshop handouts they have selected prior to arrival if they wish to have a hard copy while at the conference. **THERE WILL BE NO PRINTING CAPABILITIES ON SITE.** If registrants would prefer to purchase a bound copy, it is available for \$65 and must be ordered on the Conference Registration Form at the time of registration. Only conference registrants may purchase handouts.

Silent Auction - Local and statewide hospices donate many wonderful items for the silent auction. Conference attendees will want to visit the auction table on Monday afternoon and on Tuesday until 12:00pm. Bring your checkbook. Carry home some wonderful purchases and have fun. Please support MHPCA by shopping the silent auction!

Exhibitors' Reception - Sunday, November 5th from 5:00pm - 7:00pm - Each conference attendee is invited to the Exhibitors' reception on Sunday evening. Attendees are encouraged to meet the exhibitors and vendors and share development ideas to improve the delivery of end of life care.

Monday Box Lunch - Monday, November 6th from 11:00am - 12:00pm in the Exhibit Hall - Enjoy a boxed lunch while catching up with colleagues, visiting with exhibitors or just taking a quick minute to gather your thoughts.

Game Night - Monday, November 6th from 4:00pm - 6:00pm in the Exhibit Hall - Challenge the exhibitors in fun-filled games and activities! You will not want to miss this event!

Networking Breakfast - Tuesday, November 7th from 7:00am - 8:00am - Engage your peers in conversation while enjoying breakfast in the Exhibit Hall.

Networking Lunch - Tuesday, November 7th from 12:00pm - 1:00pm - Discuss issues and ideas from the conference sessions with your peers at our networking lunch in the Lindbergh Room with overflow in Broadway. Exchange and enhance your conference attendance.

Key Note Speaker - Monday, November 6

Helen Bauer, RN, BSN, CHPN



Helen Bauer has been a nurse for over 30 years, specializing in hospice and end of life care since 2009. She's a Certified Hospice and Palliative Registered Nurse with experience in patient care, nursing management, quality, and compliance. Her passion for advocacy at end of life can be heard on The Heart of Hospice podcast talking about hospice philosophy, how to get the most from your hospice experience, and advance care planning. Over the years, Helen's helped hundreds of families navigate their hospice journeys by providing support, education, and encouragement.

Key Note Speaker 11/6/23 - 12:15pm - 1:15pm

Key Note Conference Opening Session - Being Human in a Hospice World.

In an industry filled with regulations and rules, hospice workers often struggle to find meaning in end of life work. How can we stay connected and learn as we bring our best selves to the care of patients and their families? Helen Bauer's 14-year career as a hospice nurse has honed her clinical skills and fed her spirit along the way. In an open and honest conversation about her hospice journey, she shares the wisdom she's gained from patients, the mistakes she's made, and how her hospice work family has shaped her life and her spirit.

Key Note Speaker - Tuesday, November 7th



Sally King, LCSW, LSCSW, E-RYT 200

Sally is a Licensed Clinical Social Worker in Missouri and Kansas and adjunct professor for the University of Missouri – Kansas City, Sally has worked since 2001 in the field of community, crisis, and hospice mental health care for adults and older adults. Sally has provided outreach, education, and project management on behalf of the University of Kansas Alzheimer's Disease Center and Landon Center on Aging. Having spent many years training professionals in the areas of mental health.

Key Note Speaker 11/07/23 - 8:00am - 10:00am

Ageism in America – Understanding our Youth obsessed culture and How to End Bias in Healthcare

Come learn the latest issues regarding the quality-of-life rights of our frail and isolated seniors and how hospice providers can advocate for culture change. Older adults who are isolated are often battling significant ethical and cultural issues which correlates to their high rates of completed suicide. Come ready to reflect upon your own perceptions of the “senile” or depressed and how this impacts our practice, boundaries and advocacy towards seniors.

2023 Midwest Regional Conference on Palliative & End of Life Care Homeless Veteran's Drive

We will be collecting items at our 2023 Midwest Regional Conference for the Kansas City area homeless veterans. Please bring them to the Veteran's Booth.

Here is a list of items needed:

- Men & women's clothing
- Blankets
- Sleeping Bags
- Backpacks
- Suitcases
- Toiletries



Thank you for your generosity.

Hotel Information



**The conference will be held at the Sheraton Crown Center
Kansas City Missouri**

**To book a sleeping room please go to the MHPCA Website at
www.missourihospice.org**

**Sheraton Conference Attendee Sleeping Room Block:
Book your group rate for Missouri Hospice and Palliative Care
Attendees.**

You must have your sleeping room reserved by **October 14, 2023**

Hotel Parking:

Valet Parking \$35.00

Self-Parking \$25.00

Conference Schedule

Sunday, November 5

5:00pm-6:30pm Opening Reception with Exhibitors

Monday, November 6

7:00AM Registration opens
8:00AM - 11:00AM Audit Pre-conference
8:00AM - 11:00AM Palliative Care Pre-conference
10:00AM - 6:00PM Exhibit Area Opens
12:00PM Conference Opens
12:15PM - 1:15PM Keynote Session
1:15PM - 1:45PM Spotighting Exhibit Area
1:45PM - 2:45PM Concurrent Session I
2:45PM - 3:15PM Break
3:15PM - 4:15PM Concurrent Session II
4:00PM - 6:00PM Game Night Exhibit Hall

Tuesday, November 7

7:00AM Registration opens
7:00AM - 1:00PM Exhibit Area Opens
8:00AM - 10:00AM Keynote Session
10:00AM - 10:30AM Spotighting Exhibit Area
10:15AM First Silent Auction Pull
10:30AM - 12:00PM Concurrent Session III
12:00PM Networking Lunch & Exhibit Area
12:00PM Second Silent Auction Pull
1:15PM - 2:45PM Concurrent Session IV
2:45PM - 3:00PM Break
3:00PM - 4:00PM Concurrent Session V

Pre-Conference Sessions now included in conference price - choose one

ADR's, ALJ, Appeals, and Other Stuff Intensive

Attendees will be able to distinguish between the different types of Medicare Audits their implications, and the appropriate response. Attendees will be able to recount how to access the PEPPER Report analyze and apply the findings. Attendees will be able to successfully facilitate a State survey and create a meaningful plan of correction that will satisfy the State and lead to improvement in performance. Attendees will be able to describe the Hospice Quality Reporting Program components and requirements for reporting.

Heather Murphy, BS, BSN, RN

Palliative Care Pre-conference

Serious illness is a manifestation of an experience that involves physical, mental, emotional, social and spiritual aspects. Physical tools including medications or pain interventions, such as injections and surgery, are treatment components with goals of functional improvement. However, these physical tools are frequently not sufficient to meet the whole-person care a patient requires. Healing Reimagined provides a template to address complex interplay of patient and caregiver experiences, past trauma, and growth of coping skills.

Michele Goetz, DO FACOI

Pre-Conference Track Sessions - Monday, November 6th

Hospice Pre-Conference Intensive

8:00AM - 11:00AM

Palliative Care Pre-Conference

8:00AM - 11:00AM

Activities at Conference

Silent Auction Please bring your items for the Silent Auction to the exhibit area prior to the conference opening at 12:00pm on Monday, November 6, 2023. The Silent Auction will be open on Monday at 12:00PM with the first pull being Tuesday at 10:15AM and second pull being Tuesday at 12:00PM.. Please pick up any items by 12:00PM Tuesday, November 7, 2023. We cannot be responsible for any items not picked up after 12:00PM.

Game Night MHPCA will hold a Game Night on Monday November 6, 2023, from 4:00PM - 7:00PM in the Exhibit Hall. Please come meet the exhibitors, play some fun games and have a chance to win prizes!

Welcome Reception Each conference attendee is invited to attend the exhibitor's reception on Sunday, November 5th from 5:00PM- 7:00PM. Attendees are encouraged to come and share developmental ideas to improve the delivery of end of life.

Track Session Descriptions

Concurrent Session I-Monday, November 6, 2023

1-A CGS Presentation, Top Five Things to know about the CGS Plan for 2024- Nykesha Scales, MBA

Attendees will be able to: Increase knowledge of Medicare rules and regulations, quickly identify resources to assist with common denials and claim submission errors, recognize the difference in subpar and excellent documentation, and reduce the risk of stress and undergo a Medicare audit with confidence.

1-B The Heart and Science of Hospice- Barbara Karnes/ Helen Bauer, RN, BSN, CHPN

Join keynote speakers Barbara Karnes and Helen Bauer for this intimate Q&A session on end of life care. Ask your questions and get guidance based on their 50+ years combined experience. Topics will include advance care planning, facilitating family conferences, communicating to boost satisfaction survey scores, and supporting a comfortable death for patients and caregivers. There will be something for every hospice professional in this interactive and engaging discussion.

1-C Preventing the prescribing cascade at end of life, Caren McHenry Martin, PharmD, BCGP - Non-Accredited session

The Prescribing Cascade" in which a new medication is prescribed to "treat" an adverse reaction to another medication is the mistaken belief that the reaction is actually a new condition or symptom and can pose numerous problems for patients at end of life. Increased medication burden, additive opportunity for adverse effects and decreased effectiveness of symptom management medications are just a few of the potential issues. This session will discuss strategies for recognizing whether new symptoms may be medication side effects, for deprescribing nonessential medication and for better managing end of life medication use for the hospice and palliative care patient.

Concurrent Session II-Monday, November 6th

2-A Utilization of Facility Dogs in Hospice & Palliative Care, Monica Korba, RN

In this session learn about healthcare dogs. Facility dogs are expertly trained full-time working dogs, partnered with a healthcare professional. These dogs are utilized in the hospice.

2-B End of Life Nutrition, Past Present and Future, Jill Recker, LMSW

Explore end of life nutrition ethics, language, and tools for advance planning. Consider the past and explore the future of advance planning for end-of-life nutrition. In this session, examine options that help professionals to advocate for patient self-determination in an ethically sound manner.

2-C Understanding & Establishing Boundaries: Maintaining Professional Health-Care Relationships, Katherine Morrison, MSN, RN, CHPN

A lack of respect for professional boundaries can affect teams in many ways, including a misunderstanding of where professional responsibilities end and personal accountability begins. Learn maintaining professional relationships in healthcare.

Concurrent Session III-Tuesday, November 7th

3-A When LCDs just don't perfectly Fit, Annette Lee, RN, MS, HCS-D, COS-C

What happens when your patient just "doesn't quite fit" the LCDs? There are many cases where the patient may not meet the LCDs perfectly, but certainly they are still appropriate for the hospice benefit. This session will provide four different paths we can take to meet qualification and be able to document this effectively.

3-B Sexuality, Sexual Abuse, and Dementia, Katie P Sharp, LMSW

In this session the presentation discusses how Sexuality and dementia can be a tricky topic. Possible sexual abuse and dementia is even more difficult to navigate. Explore normal sexuality at end of life, ethics, practical aspects of sexuality, possible sexual abuse (past and current) and dementia.

3-C Hospice in Rural Areas, Dr Andrew Mayo

In this session Dr Andrew Mayo will discuss how to creatively utilize interdisciplinary care teams and technology to best support the needs of patients living in rural areas.

Track Session Descriptions

Concurrent Session IV-Tuesday, November 7th

4-A The new Hospice Survey Protocols – how to try them out before the surveyor does! Annette Lee, RN, MS, HCS-D, COS-C

When you are going on a trip and going to where you have not been before, it is important to have a road map – to know the directions, and to avoid the pitfalls! CMS has changed the entire hospice survey process and we have developed a road map for you and your agency to follow, to make the new road feel familiar and to help provide you with a smooth survey journey. This session will give you an overview and some details about the new process and provide you with that simplified roadmap to be able to check off each location along the journey with success!

4-B Severe Symptom Assessment & Management in the last few days, Brad Macy, RN. BSN, CHPN, BA Non-Accredited Session

This session reviews the assessment, management, and triage of severe symptoms in the last days of life and how physiologic changes affect medication choice, titration, route of delivery, and caregiver teaching.

4-C Bereavement: An Understanding of Widowhood in 2024, Debra Parker Oliver, PhD

In this session we will discuss a survey of more than 1000 widows across the United States identified health and mental health issues for this group. Forty percent were widows of hospice patients and we will discuss how they compared with the rest.

Concurrent Session V-Tuesday, November 7th

5-A Palliative Care Update - Patrick White, MD

This session is to provide evidence from the newest high quality research studies that are clinically relevant to the field of hospice and palliative medicine. Learn how these studies can impact your patients.

5-B Providing Bereavement Care in Response to Experience of Continued Presence, Julie Strassman, D.Min

Many bereaved clients report experiencing the presence of deceased loved ones, but few bereavement care professionals feel equipped to respond appropriately to these experiences. Using case studies and peer-reviewed research, this interactive seminar will identify best practices for responding to these experiences to foster post-bereavement growth.

5-C Changes in Counseling for Dealing with Final Dispositions, Julie Walter-Davis CANA Cremation Specialist

In this session in an ever-changing industry it is important to be able to counsel your clients on the latest developments regarding home funerals, green burial, water cremation, basic cremation, and traditional burial. Social workers and clinical staff need to be up to date on the latest offers to be able to better communicate with their families the choices available and how to help them find a sense of closure.

Don't forget to bring your Silent Auction Items!



Conference Pricing

New Look and Pricing for 2023

Pre-conference now included in your conference price!

To register go to www.missourihospice.org

Members:

\$470.00 Main Conference (Includes Reception on Sunday, Pre-Conference on Monday, Lunch on Monday, Breakfast and Lunch on Tuesday) (Save by registering for both days!)

\$315.00 Monday Only - (Includes Reception, Pre-conference & Monday Box Lunch)

\$270.00 Tuesday Only - (Includes Breakfast and Lunch)

Non-Members:

\$565.00 Main Conference (Includes Reception on Sunday, Pre-conference on Monday, Lunch on Monday, Breakfast and Lunch on Tuesday)

\$370.00 Monday Only - (Includes Reception, Pre-conference & Monday Box Lunch)

\$310.00 Tuesday Only - (Includes Breakfast and Lunch)

Volunteer/Med Student:

\$374.00 Main Conference – (Includes Reception on Sunday, Pre-conference Monday, Lunch on Monday, Breakfast and Lunch on Tuesday)

\$270.00 Monday Only - (Includes Reception, Preconference & Monday Box Lunch)

\$220.00 Tuesday Only - (Includes Breakfast & Lunch)

Accredited Continuing Education



For Nurses and Physicians:



Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by AXIS Medical Education and Missouri Hospice & Palliative Care Association. AXIS Medical Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12.0 Inter-professional Continuing Education (IPCE) credit for learning and change.

Credit Designation for Physicians

AXIS Medical Education designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit Designation for Nursing

AXIS Medical Education designates this continuing nursing education activity for a maximum of 12.0 contact hours. Learners are advised that accredited status does not imply endorsement by the provider or ANCC of any commercial products displayed in conjunction with an activity.

For information about the accreditation of this program please contact AXIS at info@axismeded.org.

Disclosure of Conflicts of Interest

AXIS Medical Education requires faculty, instructors, authors, planners, directors, managers, reviewers, and other individuals who are in a position to control the content of this activity to disclose all real or apparent conflicts of interest they may have with ineligible companies. An ineligible entity is any organization whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant conflicts of interest are identified and mitigated prior to initiation of the planning phase for an activity.

AXIS has mitigated and disclosed to learners all relevant conflicts of interest disclosed by staff, planners, faculty/authors, peer reviewers, or others in control of content for this activity. Disclosure of a relationship is not intended to suggest or condone bias in any presentation but is made to provide participants with information that might be of potential importance to their evaluation of a presentation or activity. Disclosure information for faculty, authors, course directors, planners, peer reviewers, and/or relevant staff is provided with this activity.

Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed in this activity should not be used by clinicians without evaluation of patient conditions and possible contraindications or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

The faculty: Heather Murphy, Michelle Goetz, Nykesha Scales, Barbara Karnes, Helen Bauer, Monica Korba, Jill Recker, Katherine Morrison, Sally King, Annette Lee, Katie Sharp, Andrew Mayo, Debra Oliver, Patrick White, Julie Strassman, Julie Walter-Davis reported no financial relationships or relationships they have with eligible companies of any amount during the past 24 months.

Caren Martin & Brad Macy have disclosed a work relationship that make their sessions not accredited.

The following directors, planners, managers, and reviewers reported no financial relationships they have with any ineligible company of any amount during the past 24 months:

Name of Director, Planner, Manager, and Reviewer

Jane Moore, CEO

Ronald Viggiani, MD

Holly M. Hampe, DSc., RN, MHA, MRM, CPHQ

Dee Morgillo, MeD., MT(ASCP), CHCP

SOCIAL WORKERS: MHPCA, #1359, is an approved provider for social work, continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. MHPCA maintains responsibility for the program. ASWB Approval Period 2/28/2023 - 2/28/2026. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive up to twelve (12) continuing education clock hours.

CHAPLAINS, VOLUNTEER COORDINATORS, DIETICIANS, PHYSICAL THERAPISTS AND OTHER DISCIPLINES: Upon completion of the conference attendance and evaluation form a Certificate of Successful Completion will be provided.

There is a \$40.00 fee for processing any continuing education credits.

**Don't forget Game Night!
Monday November 6th**



GAMES